



At Docksideside

A Monthly Publication of The Ballena Bay Townhouse Association #1

Protecting property values and the quality of life in Ballena Bay – April 2019

New Beginnings and Sad Endings, by Mili Delbecq

A sad ending: As some of you know, Agnes Ringo, a long term resident of Ballena Bay passed away recently at 95 following a diagnosis of lung cancer. Agnes was a remarkable woman who until a few months ago was still driving, baking banana bread, and attending local club meetings and charity events. And she was an avid Bridge player every Monday afternoon, even trying to set up a game after going to the hospital. Her two children, Dolly and Ed grew up and went to school in Alameda and I believe Agnes knew absolutely everyone in Alameda! We will certainly miss her.

New Beginnings: Although I am sad to be leaving Ballena Bay after nearly 50 years, I am excited to be moving to The Peninsula Regent in a few months. It is going to be quite an adventure for Peaches and I to live in a condo on the sixth floor of a high rise in downtown San Mateo. I will miss life here on the water and the many friends I have made over the years; but when I moved here I was one of the youngest, now I am one of the oldest and the wheel of life keeps turning. It is wonderful to see Ballena Bay being renewed with young people and their enthusiasm for life here. It is great to see children playing in the street again and there is a new life beginning on Cola Ballena – Eric and Rebecca Vaernes are expecting their first child in July!

Farewell Mili

Mili Delbecq has been a friend and neighbor for all of Patty's and my 32 years in Ballena Bay. Over those years, I've had the pleasure of working with Mili on the Board and on committees and in these capacities; she always serves as the steadfast voice of the homeowner. We wish Mili many years of continued health and happiness in her new digs across the bay. – **Jeff Frankel**

Mili Delbecq, one of the original owners in Ballena Bay, a wonderful neighbor and friend. Mili was also a long time dental patient of Jon's. Our daughter, Whitney, was a trusted pet sitter/walker of all of Andre and Mili's Mastiffs, Bonaparte, being a favorite. We will miss Mili and Peaches but know that they will be happy reuniting with old friends on the Peninsula. We wish them all the best. - **Kathy and Jon Walker**

Mili and I served together on the Parking Committee a number of years ago and also on the Board of Directors a few years later. I found Mili very easy to work with and always willing to try for a consensus of the people she was working with - whatever the issue might be. I also found her to be very pleasant whenever we met whether it was taking a walk in the neighborhood, eating at Pier 29 or attending a social event sponsored by the Association. She will be missed in our community both for her pleasant demeanor but also for the work she has put forth to benefit BBTA homeowners. – **Ann Kenyon**

Landscape Reminders

We will be turning on our landscape irrigation systems this week. If you see any leaking or broken sprinkler heads, please report them to the Landscape Committee.

Also, we remind homeowners and residents that they are prohibited from trimming or modifying the common area plantings and trees in any manner. Violators may be subject to fines. If you see something that needs attention, please contact the Landscape Committee.

Please also note that anyone parking vehicles outside of the driveways on common area plantings will be responsible for planting replacements and/or damage to irrigation systems.



2019 Construction Schedule, by Jeff Frankel

The 2019 Construction program got under way this week with neighborhood wide roof inspections and siding inspections on the block of homes from 441 to 465 Cola Ballena. The next step is competitive bidding. We will publish construction schedules as soon as the successful bidders have been chosen by the Board.

Disaster Preparedness for Alzheimer’s Caregivers

Courtesy of Alzheimer’s Disease Research Review – Winter 2019

People with Alzheimer’s disease can be especially vulnerable during earthquakes such as severe weather, fires, floods, earthquakes, and other emergency situations. It is important for caregivers to have a disaster plan that includes the special needs of people with Alzheimer’s as these impairments in memory and reasoning severely limit their ability to act appropriately in crises.

You can customize a disaster kit for your family using these items as necessary:

- Pillow, blanket, or other comfort item the person can hold.
- Favorite snacks and high-nutrient drinks
- Physician’s name, address, and phone number
- Waterproof bags to hold medications and copies of legal, medical, insurance, and Social Security documents.
- Recent photos of the person in case you are separated.
- Warm clothing and sturdy shoes, labeled for easy identification, incontinence garments, wipes and lotion
- Spare eyeglasses and hearing aid batteries
- Flashlights and extra batteries.

Be sure to store your disaster kit in a watertight container where it can be easily accessed in an emergency.

Management

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Board of Directors

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Upcoming Calendar

Meetings are held at the Ballena Bay Yacht Club with Executive sessions at 7:00pm and Regular Board meetings at 7:30pm

May Meetings	May 21, 2019
June Meetings	June 18, 2019
July Meetings	July 16, 2019